

CURRICULUM VITAE

LUCIA MILLEROVA

Personal data

First name: **LUCIA**
Surname: **MILLEROVA**
Date of Birth / Age: October 16th, 1977 / 30yrs
Sex: female
Marital status: single
Nationality: Slovak
Permanent address: 17 Kvetna St., 080 01 Presov, Slovakia
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DESIRED EMPLOYMENT: **carer**

Career Objective

A Senior Student Nurse with previous community experience and a strong commitment to providing quality care in the community, I am keen to undertake my first post as a qualified nurse in a Primary Health Care Team.

Professional Qualifications

*1998- 2000

Buckinghamshire Chilterns University College,
Diploma of HE

Registered Nurse Part 12 of the UKCC Professional Register

- Projects and seminar undertaken and/or presented e.g. Neighbourhood Study "Surveyed the health needs of the local community identifying services available and ways in which they could be improved in relation to Health of the Nation targets. Considered demographic economic and political issues".

- Specific areas of experience relevant to the post to which you are applying

E.g. medical, surgical, day surgery, community e.g. "Through practical experience gained in both community and hospital settings developed insight into the needs of the local community. Clinical placements in the community included."

Skills and Achievements

- Gained insight into local community health needs whilst conducting my research project. Achieved 75% for the resulting Neighbourhood Study Report.

- Developed ability to work as a member of a multi-disciplinary team through voluntary activity and practical experience gained as a care assistant and student nurse.

- Enhanced my assessment skills during a medical placement whilst caring for a diabetic patient: planning, implementing and evaluating care whilst utilising available resources such as the diabetes specialist nurse.

- During rostered practice, I developed an appreciation of the importance of mentorship when supervising junior students who then felt able to approach me for advice and guidance.

- work with infusion pump, with oxygen saturation monitor, work with pulse oxygen meter, work with inhaler, applying oxygen therapy, etc.

General Education

*1990-1997

Chesham Secondary Grammar School, Cesham, Buck

The Secondary Leaving Certificate,

Exams: Biology, General Studies Maths, English, Biology, Chemistry, French

Career History

*1999

Student Night Line Counselling Service

Volunteer Counselor

Undertook initial training in counselling skills and went on to provide a telephone counselling service one evening per week as part of a team of student helpers.

***1998**

Daleside Centre, Chester, Great Britain

Volunteer

As a volunteer at this informal drop-in centre for people who have suffered mental ill health, I helped to provide a welcoming environment, and was involved in setting up a photography activities group. This developed my interpersonal skills and ability to work co-operatively with a wide range of individuals.

***1997-1998**

Pine Lodge Day Centre, Great Britain

Care Assistant

Worked as a member of the care-team, providing quality care and personal support to individuals with severe learning disabilities, their families and carers. It gave me an insight into care in the community and the role of the multi-disciplinary team.

Responsibilities:

- **one to one care in client's own home**

- I used disability equipment and adaptations to the disabled's home

- day care for a child

- carried out the general housework, the shopping, cooking, cleaning, laundry etc. I was there at any time to provide the client with all aspects of the personal care help such as dressing/undressing, washing, bathing, showering, hair care, oral care, shaving, toileting and continence care

- also offered companionship and enabled clients to regain aspects of social activity such as going to church, the pub, a restaurant, for a walk, to play cards with, and so on.

***1997-1998**

Boots The Chemist

Saturday Sales Assistant

Responsible for providing high standards of customer service, replenishing stock and cashing up at the end of the day.

***1998 – Sept. 2004**

„Barlička“ Disabled Children Care Association,
Voluntary **Nurse Assistant**

***June 2004 – August 2004**

The Holly Clinical Hospital, Prešov, Slovakia
The Surgery Ward Nurse

***July 2005 – 2006**

Nursery school „Slniečko“ for children that are ill physically and mentally, post: health visitor/nurse

Positions of Responsibility and Achievements

1999 Student Nurse Representative, Dip.H.E.Nursing Studies.

Participated in course management meeting and Curriculum Development Group raising issues on behalf of student nurses and following up with progress reports.

1996 Duke of Edinburgh Award Silver

1996 St John Ambulance First Aid Certificate

Professional Organisations

1998 - present Student member of Royal College of Nursing

Additional Information

· Clean Current Driving Licence B

· Enjoy sporting activities especially fell walking and swimming

· Keen amateur photographer

· Familiar with IT packages Word, Excel